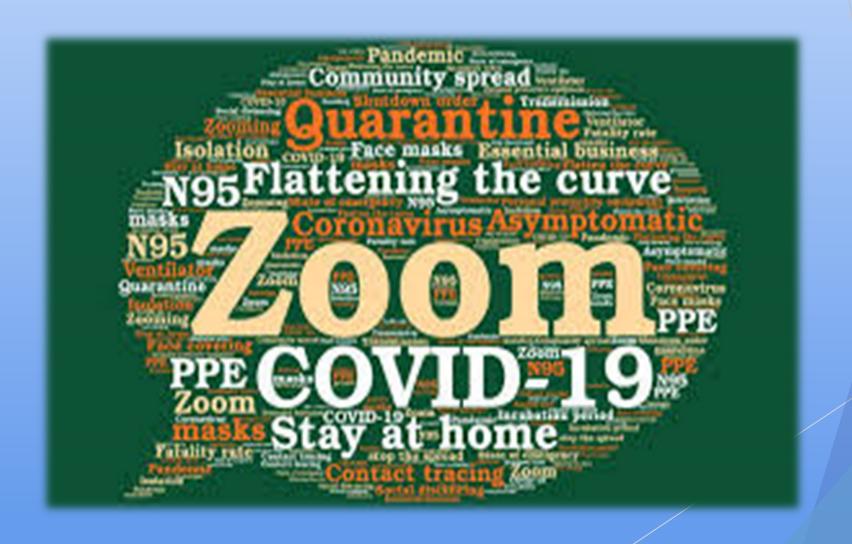
EFFECTS OF PANDEMIC TO STUDENTS

Dr. Clarissa F. Delariarte, RGC, RPSy





OUR PANDEMIC STORY





COVID 19 PANDEMIC

- A GLOBAL ISSUE
- IMPACTED THE ECONOMY, LIVELIHOOD, PHYSICAL AND MENTAL WELL-BEING OF PEOPLE WORLDWIDE (Wang et al, 2020; WHO 2020)



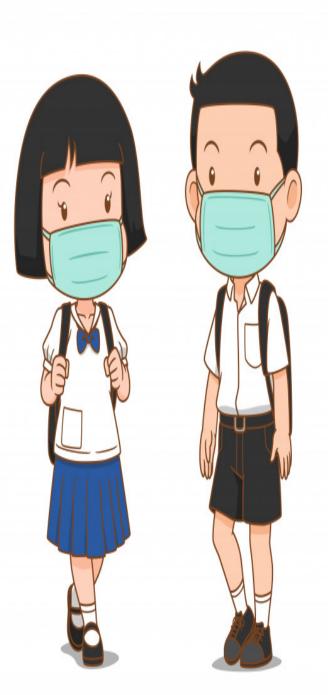
PHILIPPINE RESPONSE*

- LOCK DOWN OR COMMUNITY QUARANTINE
- SUSPENSION OF ALL MODES OF TRANSPORTATION
- LARGE GATHERINGS, PARTIES AND CONCERTS ARE BANNED
- CHECKPOINTS IN PLACE
- PHYSICAL AND SOCIAL ACTIVITIES RESTRICTIONS

EDUCATION RESPONSE (Fowler et al., 2020; Chen et al., 2020).



- SCHOOLS WERE PHYSICALLY CLOSED IN MID-MARCH, 2020
- REMOTE TEACHING AND LEARNING AND **EDUCATION MODALITIES CHANGES**
- HIGH NEED FOR TRAINING AND USE OF **ICT FOR TEACHERS AND STUDENTS**



IMPACT ON EDUCATION

► COVID-19 PANDEMIC BRINGS NEGATIVE IMPACTS ON EDUCATION. (Son, 2020).

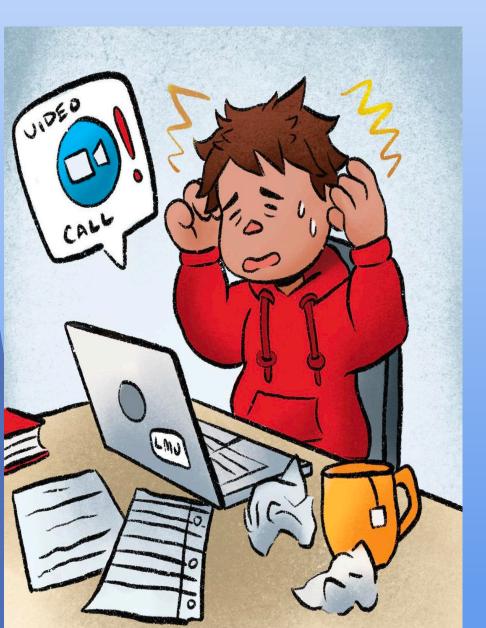
- A DOMINANT POPULATION HIGHLY AFFECTED ARE STUDENTS (Hunt & Eisenberg, 2020).
- ► COVID 19 HAS AFECTED 94% OF STUDENTS POPULATION as per the data taken during the first week of June 2020 (UNESCO).
- ► VERY COSTLY PSYCHOLOGICAL ,SOCIAL AND ECONOMIC COSTS (MacGregor, H. et al)



EFFECT ON EDUCATION

- ► LESS INSTRUCTIONAL TIME, INTERRUPTED TEACHING (Burgess and Sievertsen, 2020)
- ► LEARNING LOSS LEADS TO SKILL LOSS AND PRODUCTIVITY LOSS; MARGINALIZED LEARNERS AT RISK (Schleicher, 2020)

FATIGUE EFFECT



- COVID FATIGUE (Tomiyoshi,2020)
- BEHAVIORAL FATIGUE (UK govt)
- LOCKDOWN —INDUCED FATIGUE (Labrague and Ballad, 2020)
- HEADLINE STRESS DISORDER (Dong and Zeng,2020)
- VIDEO CALL FATIGUE (Jiang, 2020)
- BONDING FATIGUE

CHALLENGES OF STUDENTS (Son et

al. 2020, Hunt & Eisenberg, 2020). .(Magomedov, 2020; K. Karunathilake ,2020)



- **DISRUPTIONS**
- **DRASTIC CHANGES**
- **DISTRESS**
- **DIFFICULTIES**
- **DISTRACTIONS**
- **DEMOTIVATED**
- **DOUBTS**



EFFECT ON MENTAL HEALTH

 AMBIGUTIES and UNCERTAINTIES LEADING TO ANXIETIES AND WORRIES, DEPRESSION, LONELINESS, ANGER (Alvarez, et al 2020; Ahmed et al, 2020; Xiang et al, 2020; Saladino et al, 2020)

- INCREASE IN THE EXISTING LEVEL OF DEPRESSION, ANXIETY AND STRESS AMONG STUDENTS (Liu et al, 2020; Vulic-Prtoric, Selak & Sturnela 2020).
- PRE-EXISTING MENTAL HEALTH **DIFFICULTIES** ARE **FURTHER** INTENSIFIED (Fernandez et al, 2020; Boals & Banks, 2020).



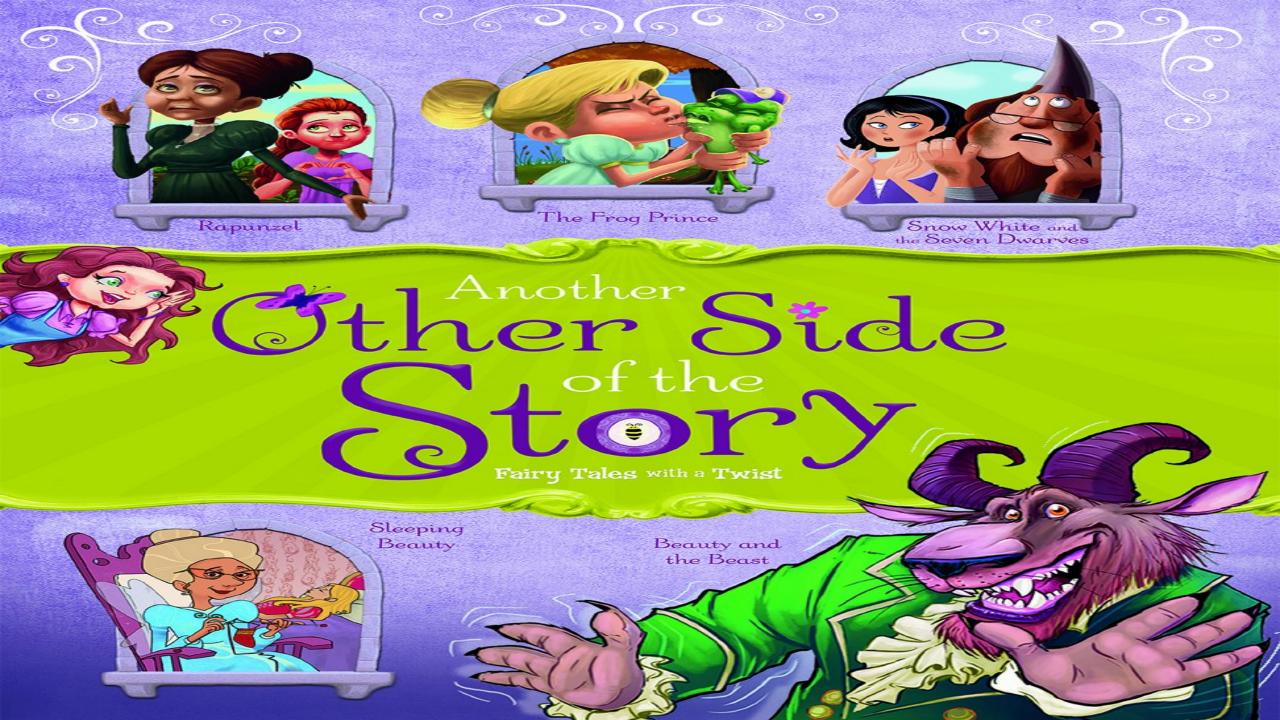
MENTAL HEALTH ON ACADEMIC SUCCESS

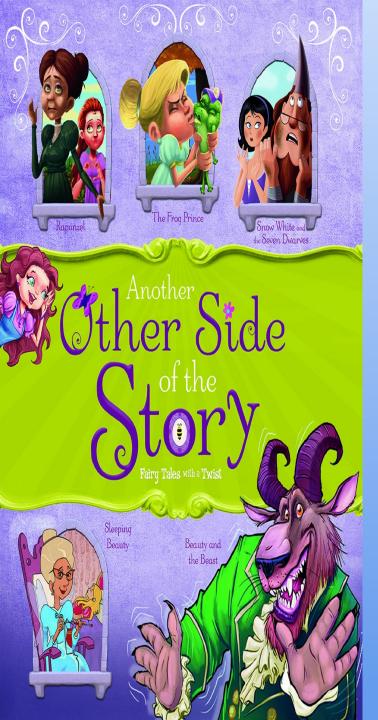
(Unger, 2007)

- MENTAL HEALTH ISSUES ARE THE LEADING IMPEDIMENT TO ACADEMIC SUCCESS
- CAN AFFECT STUDENTS' MOTIVATION, CONCENTRATION AND SOCIAL INTERACTIONS

PERSONAL-SOCIALPSYCHOLOGICAL NEEDS BASED ON KAMUSTAHAN SESSIONS



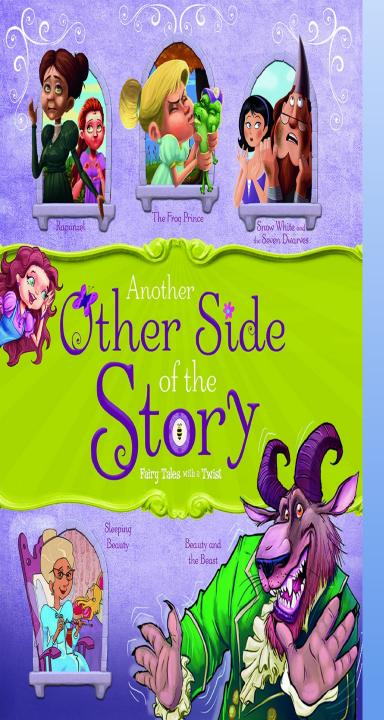




- ► VITAL OPPORTUNITIES (Yang, 2020)
- ► RE-IMAGINED CLASSROOM.(Kundu, 2020; Nelson, 2020; Haski-Levensthal, 2020)
- NEW TOOLS FOR LEARNING (Cardenas, 2020; Magomedov et al, 2020; Mazza, 2020)
- ► COMPASSION, KINDNESS

 PANDEMIC, GLOBAL COOPERATION

 (Dazio, et al 2020; Karunathilake ,2020 ; Tee et al,2020)
- MENTAL HEALTH AGENDA (Newnham, et al, 2020)



THE OTHER SIDE OF THE STORY

- CREATIVITY (Nelson, 2020) (Cardenas, 2020 Greenberg et al., 2020; Liu et al., 2020 (Duan and Zhu, 2020; Zhou et al., 2020; Maheu et al., 2012)
- ► LIFESTYLE CHANGES (K. Karunathilake ,2020)
- **BLUER SKIES** (NASA,2020; Haski-Levensthal, 2020; Cardenas, 2020)
- GRATITUDE (Haski-Levensthal, 2020; K. Karunathilake 2020)



WHAT HAS BEEN THE GIFTS OF PANDEMIC TO YOU?

► LIVING IS NEVER CERTAIN, NEVER PREDICTABLE, NEVER SECURE

► TRANSCIENCE, IMPERMANENCE, INTERDEPENDENCE OF LIFE AND DEATH

(Yang, 2020)

RE-WRITE OUR PANDEMIC STOR



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